



LIST OF CATHOLIC DEVOTIONS AND PRAYERS



CCC 2565: In the New Covenant, prayer is the living relationship of the children of God with their Father who is good beyond measure, with his Son Jesus Christ and with the Holy Spirit. The grace of the Kingdom is "the union of the entire holy and royal Trinity . . . with the whole human spirit." Thus, the life of prayer is the habit of being in the presence of the thrice-holy God and in communion with him. This communion of life is always possible because, through Baptism, we have already been united with Christ. Prayer is Christian insofar as it is communion with Christ and extends throughout the Church, which is his Body. Its dimensions are those of Christ's love.

Essential Catholic Prayers

- **Our Father (Lord's Prayer):** The core prayer taught by Jesus in the Gospels.
- **Hail Mary:** A scriptural-based prayer asking for the intercession of the Virgin Mary.
- **Glory Be (Doxology):** A short hymn of praise to the Holy Trinity.
- **Apostles' Creed:** The traditional statement of foundational Christian beliefs.
- **Act of Contrition:** A prayer expressing sorrow for sins, often used during confession.

Major Catholic Devotions

- **The Holy Rosary:** A meditative prayer reflecting on the mysteries of the lives of Jesus and Mary.
- **The Angelus:** A traditional devotion honoring the Incarnation, prayed at morning, noon, and evening.
- **Chaplet of Divine Mercy:** A chaplet focused on God's merciful love, recited using ordinary rosary beads.
- **Stations of the Cross:** A 14-step devotion commemorating Jesus Christ's last day on Earth.
- **The Magnificat:** Mary's song of praise from the Gospel of Luke, part of Evening Prayer.

Prayers seeking the protection or assistance of the angels, saints, or specific holy figures:

- **Prayer to St. Michael the Archangel:** A prayer written by Pope Leo XIII asking for spiritual protection against evil.
- **Guardian Angel Prayer (Angele Dei):** A traditional prayer for safety and guidance.

- **Anima Christi (Soul of Christ):** A deeply personal medieval prayer focused on intense intimacy with Jesus, often recited after receiving Holy Communion.
- **The Litany of the Saints:** A formal, rhythmic chant invoking the intercession of various saints during major liturgies like ordinations or Easter Vigil.

CCC 2563: The heart is the dwelling-place where I am, where I live; according to the Semitic or Biblical expression, the heart is the place "to which I withdraw." The heart is our hidden center, beyond the grasp of our reason and of others; only the Spirit of God can fathom the human heart and know it fully. The heart is the place of decision, deeper than our psychic drives. It is the place of truth, where we choose life or death. It is the place of encounter, because as image of God we live in relation: it is the place of covenant.

Litanies

- Litany of the Sacred Passion

Mealtimes Prayers

- Prayer After Meals
- Prayer Before Meals

Morning and Evening Prayers

- Morning Offering
- Morning Prayer
- Evening Prayer

Common Catholic Prayers

- The Lord's Prayer
- Act of Contrition
- Act of Faith

- Act of Hope
- Act of Love
- An Act of Faith, Hope, and Love
- Apostles' Creed
- Glory Be to the Father (Doxology)
- Guardian Angel Prayer
- Hail Mary
- Nicene Creed
- Prayer to the Holy Spirit
- Sign of the Cross
- Traditional Catholic Prayers in Latin

CCC 2562 Where does prayer come from? Whether prayer is expressed in words or gestures, it is the whole man who prays. But in naming the source of prayer, Scripture speaks sometimes of the soul or the spirit, but most often of the heart (more than a thousand times). According to Scripture, it is the *heart* that prays. If our heart is far from God, the words of prayer are in vain.

Prayers for Special Intentions

- Prayer for Christlikeness
- Prayer for Vocations

Prayers Honoring Mary

- Act of Consecration to Mary
- Hail, Holy Queen
- Magnificat
- Memorare

- Mysteries of the Rosary
- Regina Caeli
- The Angelus

CCC 2564 Christian prayer is a covenant relationship between God and man in Christ. It is the action of God and of man, springing forth from both the Holy Spirit and ourselves, wholly directed to the Father, in union with the human will of the Son of God made man.

Saints Prayers

- Canticle of the Sun
- Prayer of Saint Richard of Chichester
- Holy Spirit Prayer of Saint Augustine
- Peace Prayer of Saint Francis
- Prayer for Generosity
- Prayer to St. Joseph, the Protector of the Church
- Prayer to St. Michael
- Suscipe
- Tantum Ergo